## **CANYONING UPPER SNAKE CANYON**

A nice canyon descent with abseiling, swimming, and bouldering in a very narrow canyon deeply cut in suprising black limestone, in Wadi Bani Awf, in the heart of the Western Hajar.



Level 3-4	rocks and boulder	is canyon is specialy difficult. But we have to swim, slide,climb around big s; So participants need to be fit and know how to swim. We have to go down g (2 times 20m), so you need to have at least a bit the head for heights.
Duration	1 Day (3 to 6 hours)	
Time of availability	This trip is doable <b>all year long</b> . It might happen that there is very little water flowing in the canyon ; we'll inform you when you contact us Please also keep in mind that in winter months (december to february), the water is cold in the canyon	
Meeting point	In the wadi after the soccer pitch, in <b>Wadi Bani Awf</b> (4WD is needed to access); we'll share with you the exact location through whatsapp	
Equipment you have to bring	You'll need <b>swimming suit</b> , old light <b>sport shoes</b> with slip-proof sole, ( <b>short</b> and <b>t-shirt</b> in case you don't want to wear neopren suit). All this will go in the water and be wet. If you also have <b>waterproof bag</b> or <b>waterproof camera</b> , you can bring it!	
Equipment, which we provide	For each participant : neopren suit, helmet, harness, carabiner Collective equipment : rope, carabiner, 1 canyon bag with waterproof box.	
Food and drinks	We take in the canyon simple and local snacks, as well as drinking water	
Possible extra services (at extra cost)	<ul> <li>Transportation to/from the starting point</li> <li>Lunch</li> <li>Accomodation in guesthouse in the valley</li> </ul>	
Guiding	with Deep or another local Guide leaving in the valley, who do not have official qualification, but received teaching and training from generous guides and passionates. Special thanks to Patrick, Nathalie, Rob, Justin, Christian, Ibrahim, Rachid, Bader, Fred, Cyrielle, Francois, Bruno, and all others.	
Avail. language	English, Arabic, Hindi, French	
PRICE	Group size 1 2 to 4 5 to 8	Price per person 80 OMR 40 OMR 35 OMR

## ✓ Meeting at starting point

We meet and prepare ourselves for the descent : change clothes, leave personal non-waterproof stuff in the car, and get equiped.

## ✓ Canyoning in the upper Snake Canyon

We'll start from the upper entrance. Very quickly, we have to go down abseiling twice. After that, we alternate jumping, sliding, walking in the water and swimming! Obviously, the ones who don't want to jump can always go down abseiling. The Snake Gorge is a very narrow canyon ; in some parts, you can touch both sides at the same time. We do some stops to eat local snacks on the way. There is also a cave on the way, which is quite impressive.

## ✓ After the descent

We find our dry clothes and change. After, we organize at the best way (according to the organisation of your group) to get you to your cars. If you need, we can also organize lunch, overnight in a guesthouse of the valley, or even other activities (but please plan it in advance). Otherwise, we wish you a good journey further or back and take our leave.











